

The BEST Swim Lessons in town brought to you by the Boulder Elks.

Summer 2010

The Boulder Elks bring both effective and convenient swimming lessons all summer long! We offer lessons in the late morning and mid-afternoon to accommodate to busy summer schedules. This summer we have added a few additional times so be sure to note the changes. Each child can participate in up to four lessons a week and these days can be all mornings, all afternoons, or a combination of mornings and afternoons. We will NOT have classes the week prior to the 4th of July.

Levels Offered:

Level 1: Water Familiarity/Bobs

Level 2: Front/Back Glides/Focus on becoming more independent in the water.

Level 3: Body Position/Front and back kicking and arm strokes

Level 4: Front/Back stroke perfection/ Breathing skills/ Introduction to breaststroke and butterfly.

Level 5: Continued progression of breaststroke and butterfly/endurance work.

Level 6/7: Continued focus on stroke perfection with additional endurance training.

** Children above level 7 are recommended to inquire about our swim team program.

We have made a few adjustments to our lesson program this summer. We will be offering two levels per half hour to ensure our lessons provide consistent and valuable instruction.

SESSIONS: 1st: June 7th-June 24th 2nd: July 5th-July 22nd 3rd July 26th-Aug. 12th

Mornings: Monday-Thursday

12:00-12:30 ----- Level 1 and Level 2

12:30-1:00 -----Level 3 and Level 4

1:00-1:30 -----Level 5 and Level 6/7

Evenings: Monday-Thursday

5:00-5:30 ----- Level 1, Level 2, Level 3

5:30-6:00 -----Level 4, Level 5, Level 6/7

Sign Up!

First Child's Name _____ Age: _____ Session: _____ Level: _____

Second Child's Name _____ Age: _____ Session: _____ Level: _____

Third Child's Name: _____ Age: _____ Session: _____ Level: _____

Parent//Guardian Signature: _____ Phone: _____

Cost, per session:

Four days per week: \$130.00 per child

* \$10.00 Registration Fee

Three days per week: \$105.00 per child

* \$10.00 + _____ = _____

Two days per week: \$70.00 per child

One day per week: \$37.50 per child

* TOTAL AMOUNT DUE: \$ _____

**Make checks payable to the "Elks Club." Any questions email Curt Colby at

curtcolby@hotmail.com or call at 720-272-7210

Send form and check to :

**Curt Colby
4620 15th St.
Boulder, Co. 80304**

Don't Forget Your Elks Pool Membership Deals!

Single Membership Deals:

- **Swim Team Member Membership Price.....\$55.00**
- **Swim Team/Non-Elk Membership Price..... \$75.00**
- **Elks Member/Non Swim Team Price.....\$100.00**
- **Non-Elk/Non Swim Team Price.....\$125.00**
- **Senior and Under 18 :**
 - **Elks Member/Non Swim Team.....\$75.00**
 - **Non-Elks/Non Swim Team.....\$90.00**

Family Membership Deals:

- **Elks Swim Team Family.....\$55.00 per person**
- **Non-Elks Swim Team Family.....\$75.00 per person**
- **Elks Non-Swim Team Family of 4.....\$240.00**
 - **\$50.00 per additional pass**
- **Non-Elks/Non Swim Team Family of 4....\$320.00**
 - **\$75.00 per additional pass**